



Training Course
Nature-based Solutions in Urban Planning

Designing NbS in cities: What do planners need to know?

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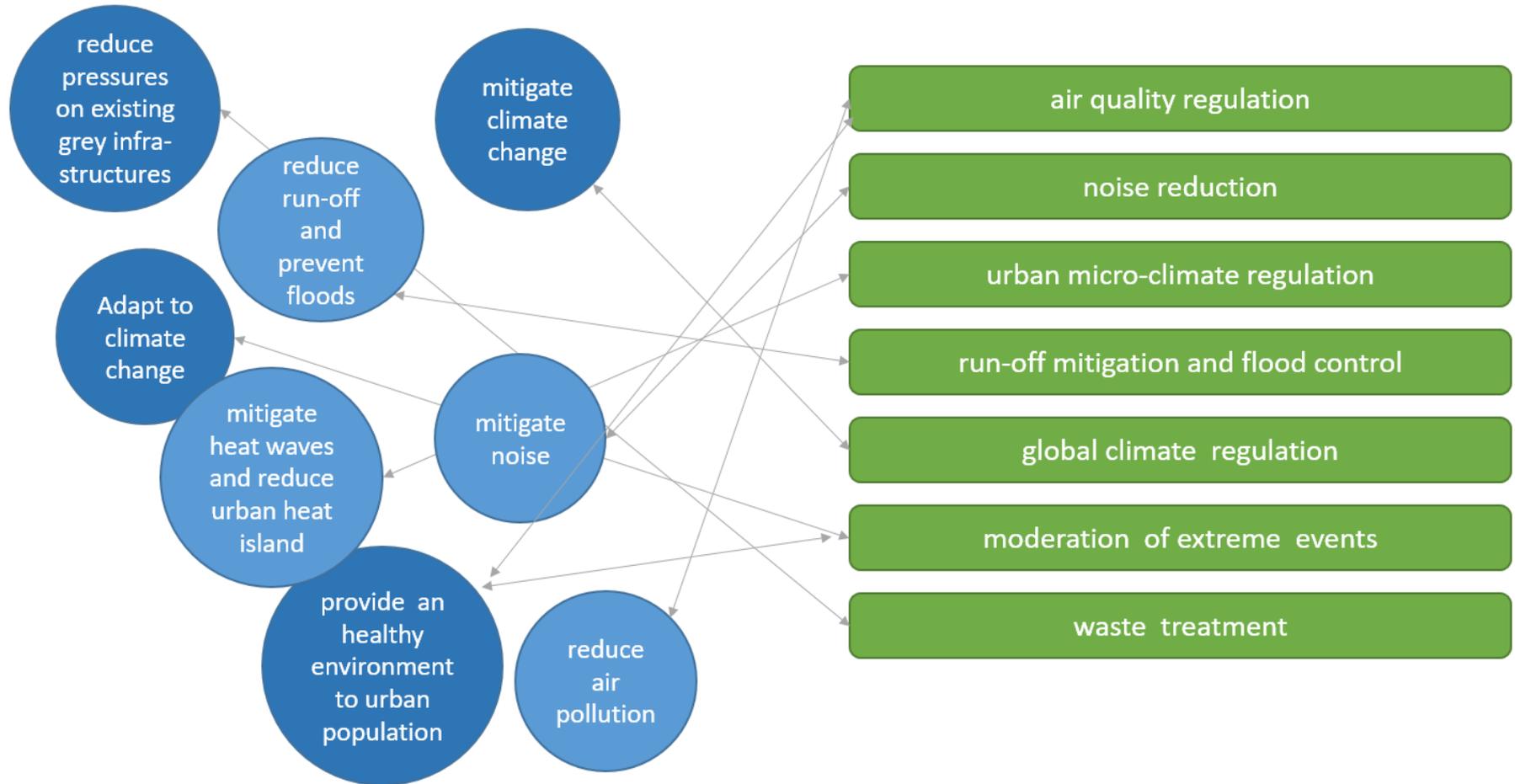
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Regulating ecosystem services



Knowledge needs for planners

What planners need to know about regulating ecosystem services to design suitable NbS?



1. Components of NbS



Functionality of components for different ES

URBAN REGULATING SERVICES	GREEN SPACE COMPONENTS							
	trees	shrubs	herbaceous vegetation	permeable surfaces	wetlands	water courses	water bodies	soil
air purification	X	X						
urban micro-climate regulation	X	X	X		X	X	X	
global climate regulation	X	X						X
run-off mitigation and flood control	X	X		X	X			
noise reduction	X	X	X					
moderation of extreme events	X				X			
waste treatment				X	X		X	

Multiple components involved in the supply of a given ecosystem service

Functionality of components for different ES

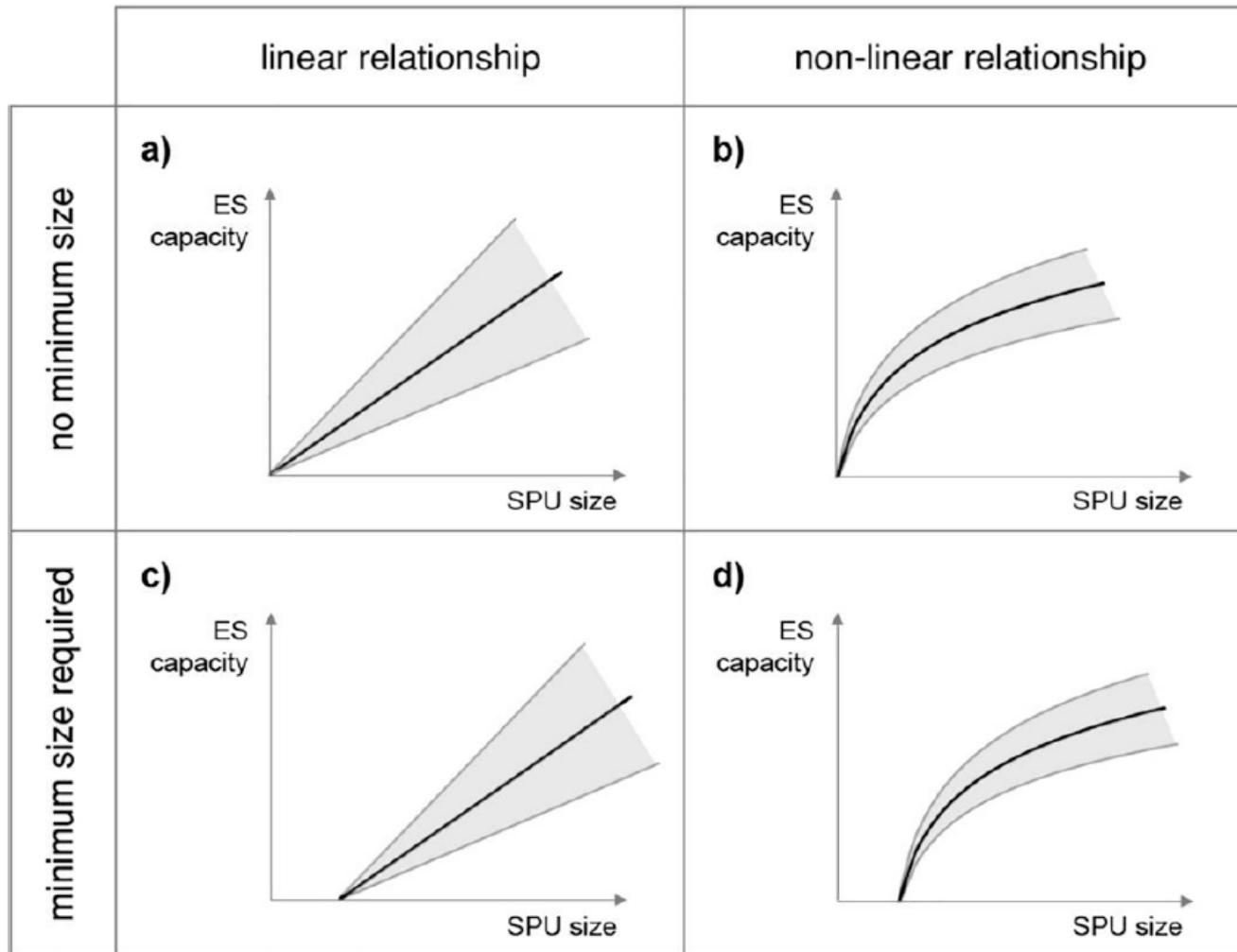
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	trees	shrubs	herbaceous vegetation	permeable surfaces	wetlands	water courses	water bodies	soil
air purification	X	X						
urban micro-climate regulation	X	X	X		X	X	X	
global climate regulation	X	X						X
run-off mitigation and flood control	X	X		X	X			
noise reduction	X	X	X					
moderation of extreme events	X				X			
waste treatment				X	X		X	

multi-functionality
(synergies among services)

ES, ecosystem function, components

urban regulating ES	ecosystem function	biophysical structure (process)	key Refs.
air purification	uptake of gaseous air pollutants deposition of particles	leaves vegetation	Nowak et al. (2006) Nowak et al. (2006)
global climate regulation	carbon sequestration carbon storage	vegetation (photosynthesis) and soil vegetation and soil	Jo and McPherson (1995), Nowak et al. (2013) Pouyat et al. (2006), Strohbach and Haase (2012)
moderation of extreme events	physical barrier (absorption of kinetic energy)	trees	Danielsen (2005), Dobbs et al. (2011)
noise reduction	reflection and diffraction of noise noise absorption	vegetation and soil vegetation (mechanical vibration) and soft soil	Van Renterghem et al. (2012) Van Renterghem et al. (2012)
runoff mitigation and flood control	water infiltration rainfall interception reduction of flood velocities water storage	permeable surfaces tree canopies vegetation floodplains	Yang et al. (2015) Xiao and McPherson (2002) Nisbet and Thomas (2006) Blackwell and Maltby (2006)
urban temperature regulation	evapotranspiration shading evaporation <i>heat transfer (storage and release)</i> <i>wind blocking</i>	vegetation tree canopies water <i>water bodies</i> <i>trees</i>	Coutts et al. (2012) Shashua-Bar and Hoffman (2000) Saaroni and Ziv (2003) Saaroni and Ziv (2003) Huang et al. (1990)
waste treatment*	removal of storm water pollutants (sedimentation, filtration, sorption, assimilation and degradation) <i>decomposition of solid organic litter</i>	ponds, wetlands, vegetated surfaces <i>soil</i>	Clar et al. (2004), Hemond and Benoit (1988) Vauramo and Setälä (2011)

Spatial configuration and ecosystem service supply



Spatial configuration and ecosystem service supply

Key spatial elements to inform the design of NbS



	AREA	LENGTH	WIDTH
water flow regulation	C		
urban temperature regulation	B		
noise reduction			D
air purification	A		
moderation of extreme events			D
waste treatment	D	D	
global climate regulation	A		

Key spatial elements

urban regulating ES	ES capacity/flow indicator [unit]
air purification	pollution removal [t/yr]
global climate regulation	carbon storage [t], carbon sequestration [t/yr]
moderation of extreme events	wave height reduction [%]
noise reduction	excess noise attenuation [dBA]
runoff mitigation and flood control	avoided runoff
urban temperature regulation	Δt [°C]
waste treatment	pollution removal efficiency [%]



Key spatial elements



UGI typologies and level of ecological organisation *	relevant UGI size and relation with ES capacity **
trees (I), shrubs (I) trees (I), shrubs (I), soil (E)	area (a) area (a)
trees (P), wetlands (E) trees (P), shrubs (P), soft soil (E) trees (P), shrubs (P), permeable soil (E), wetlands (E)	width of the buffer zone (d) width of the buffer zone (c/d) area (interception and infiltration), volume (storage) (a/c)
trees (I), shrublands and grasslands (E), permeable areas (E), wetlands (E), water courses (E), water bodies (E) herbaceous vegetation (E), soil (E), wetlands (E)	area and shape index (b) wetland-to-watershed area / length of the vegetation strip (d)

Key spatial elements

urban regulating ES	ES capacity/flow indicator [unit]
<u>air purification</u> global climate regulation	<u>pollution removal [t/yr]</u> carbon storage [t], carbon sequestration [t/yr]
moderation of extreme events <u>noise reduction</u> runoff mitigation and flood control	wave height reduction [%] <u>excess noise attenuation [dBA]</u> avoided runoff
urban temperature regulation	Δt [°C]
waste treatment	pollution removal efficiency [%]



Key spatial elements

UGI typologies and level of ecological organisation *

relevant UGI size and relation with ES capacity **

trees (I), shrubs (I)
trees (I), shrubs (I), soil (E)

area (a)
area (a)

trees (P), wetlands (E)
trees (P), shrubs (P), soft soil (E)
trees (P), shrubs (P), permeable soil (E), wetlands (E)

width of the buffer zone (d)
width of the buffer zone (c/d)
area (interception and infiltration), volume (storage) (a/c)

trees (I), shrublands and grasslands (E), permeable areas (E),
wetlands (E), water courses (E), water bodies (E)
herbaceous vegetation (E), soil (E), wetlands (E)

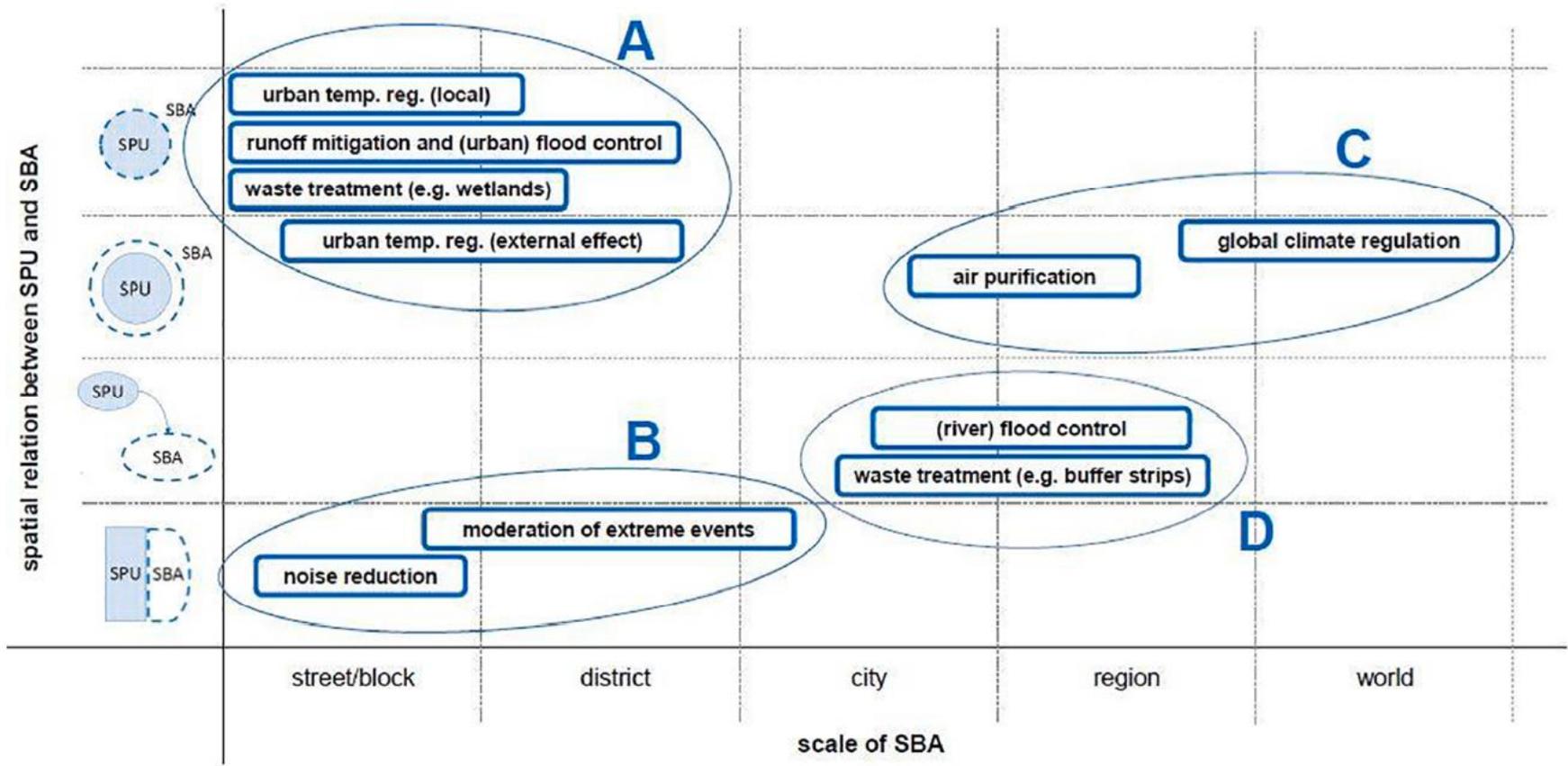
area and shape index (b)

wetland-to-watershed area / length of the
vegetation strip (d)

3. Spatial relation between supply and benefits



scale of benefitting areas for different ES



The role of existing ecological pressures

- For some ES, the intensity of ecological pressures (eg, air pollution) has a **direct effect on the ecosystem functions** performed by the NbS, ultimately increasing or decreasing ES capacity.
- Ecological pressures play also a key role in the definition of **ES demand**.

Some examples

urban regulating ES	ecological pressure	main effects on urban population and physical assets	main effects on urban green infrastructure
air purification	concentration of air pollutants (PM ₁₀ , PM _{2.5} , NO ₂ , O ₃ , CO, SO ₂)	Ambient air pollution is responsible for 14% of the disease burden of lung cancer, 23% of ischemic heart disease, 25% of stroke and 9% of chronic obstructive pulmonary disease worldwide. (Prüss-Üstün, Wolf, Corvalán, Bos, & Neira, 2016)	Elevated ozone concentrations reduce tree biomass and leaf area. (Wittig, Ainsworth, Naidu, Karnosky, & Long, 2009) Concentrations of air pollutants delays spring phenology. (Jochner et al., 2015)
noise reduction	noise	Traffic noise induces annoyance, stress, and sleep disturbances, and increase the risk for ischaemic heart disease, stroke, and hypertensive diseases. Noise disturbance also produces a significant decrease in housing and renting prices. (Vienneau et al., 2015)	-
urban temperature regulation	urban heat island and heat waves	Mortality rates and hospital admissions for heat-related, cardiovascular, and respiratory diseases increase during heat waves. (D'Ippoliti et al., 2010; Mastrangelo et al., 2007) Urban heat island exacerbates the negative effects of heat waves in urban areas. (Tan et al., 2010)	Droughts and limited water availability may lead to leaf senescence, reduced transpiration, loss of canopy cover, and vegetation death. (Coutts, Tapper, Beringer, Loughnan, & Demuzere, 2012)

The role of existing ecological pressures

urban regulating ES	effect of ecological pressure on ES capacity ***
air purification	↑
global climate regulation	↑
moderation of extreme events	↔
noise reduction	↔
runoff mitigation and flood control	↓
urban temperature regulation	↓ evapotranspiration, ↑ shading
waste treatment	↓

The role of existing ecological pressures

- For some ES, the intensity of ecological pressures (eg, air pollution) has a **direct effect on the ecosystem functions** performed by the NbS, ultimately increasing or decreasing ES capacity.
- Ecological pressures play also a key role in the definition of **ES demand**.

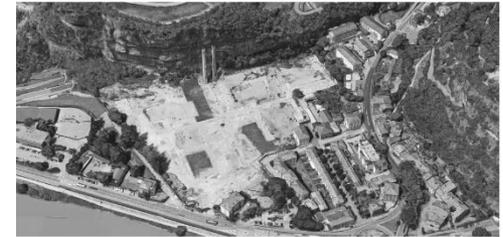
Indicators to measure ES demand

urban regulating ES	spatial distribution of population and physical assets (ES demand areas and high exposure)	highly vulnerable population groups and urban areas (high sensitivity and/or low resilience)
air purification	<ul style="list-style-type: none"> ● population density Baró et al. (2016), Morani et al. (2011) 	<ul style="list-style-type: none"> ● fetuses and children, elderlies, and persons with pre-existing cardiorespiratory diseases, diabetes, or asthma (Makri and Stilianakis, 2008)
global climate regulation	<ul style="list-style-type: none"> ● census population; transportation, agricultural and industrial intensity per census tract Zhao et al. (2015)* ● spatially-normalized annual CO₂ emissions per person Larondelle and Lauf (2016)* 	-
moderation of extreme events	<ul style="list-style-type: none"> ● population density, road density, percentage of artificial surfaces, number of historical and cultural sites Liquete et al. (2013) 	<ul style="list-style-type: none"> ● vulnerable areas based on the number of people and the total cost of damage (Wei et al., 2004)
noise reduction	<ul style="list-style-type: none"> ● presence of residential and recreational areas Syrbe and Walz (2012) 	<ul style="list-style-type: none"> ● children, elderly, chronically ill (WHO, 2009)
runoff mitigation and flood control	<ul style="list-style-type: none"> ● presence of flood-vulnerable properties Bagstad et al. (2014) ● density of built areas, density of households Syrbe and Walz (2012) 	<ul style="list-style-type: none"> ● vulnerable areas based on damage cost (Olsen et al., 2015)
urban temperature regulation	<ul style="list-style-type: none"> ● census population Geneletti et al. (2016) ● population density Larondelle and Lauf (2016) 	<ul style="list-style-type: none"> ● infants; elderlies; people with obesity, hypertension, pulmonary, or cardiovascular disease; people with restricted mobility; people living alone and lacking social contacts; low-income groups (Basu and Samet, 2002; Kenny et al., 2010) ● urban areas with more intense heat island effect based on density and lack of green spaces (EEA, 2012) ● amount of elderly people (Larondelle and Lauf, 2016) ● impervious cover density, children under the age of 5, adults above the age of 65 (Zidar et al., 2017)
waste treatment	<ul style="list-style-type: none"> ● traffic load and proportion of impervious areas Nordeidet et al. (2004)* 	<ul style="list-style-type: none"> ● critical conditions of the sewage system (e.g., based on overflows and diffuse losses) (Nordeidet et al., 2004)

case study: the city of Trento

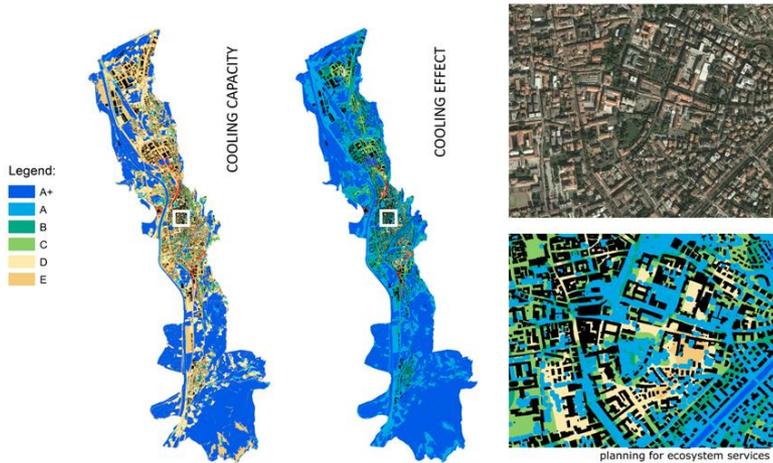


NbS for brownfield redevelopment: 13 possible sites

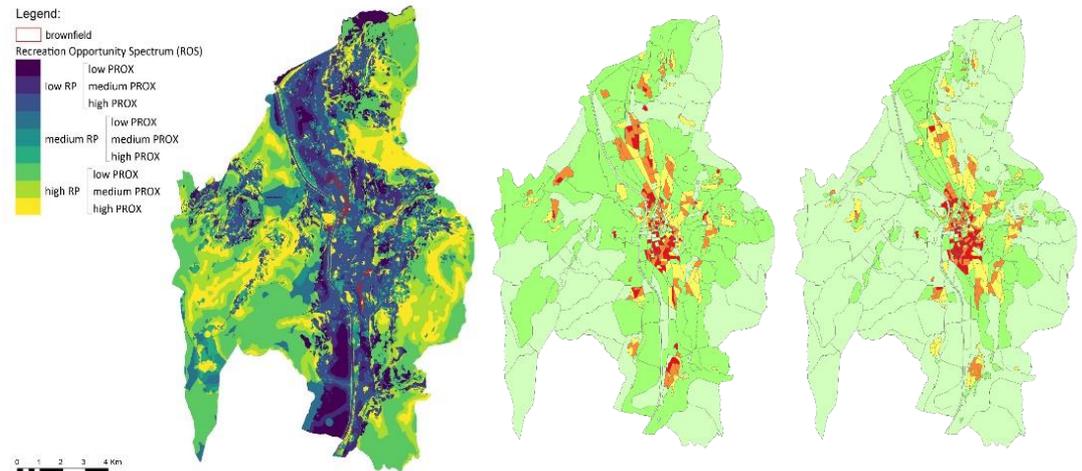


NbS for two main challenges:

1. Reducing urban heat islands



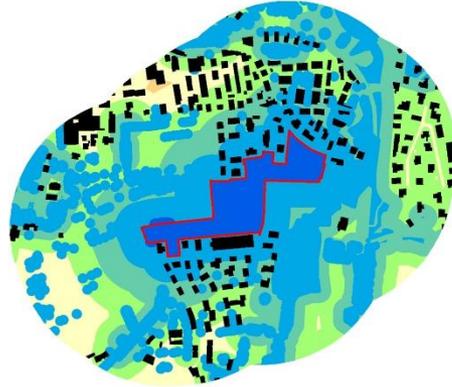
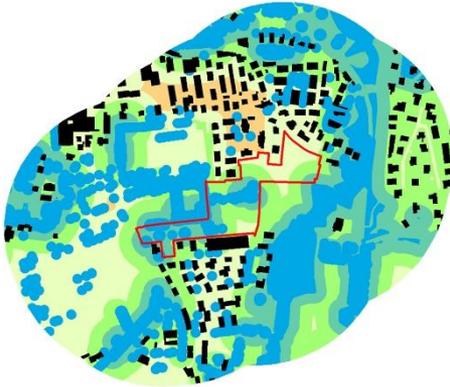
2. Enhancing nature-based recreation



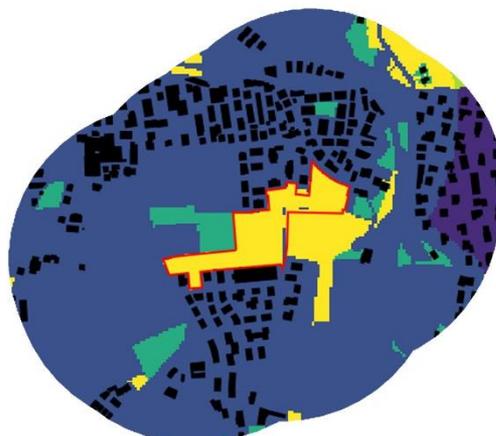
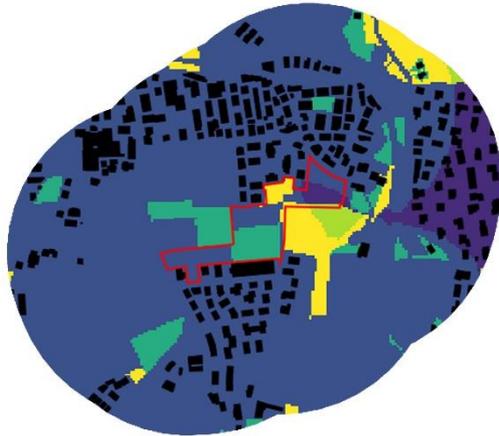
Predicting the effects of different NbS

Effects of redevelopment options

COOLING



RECREATION



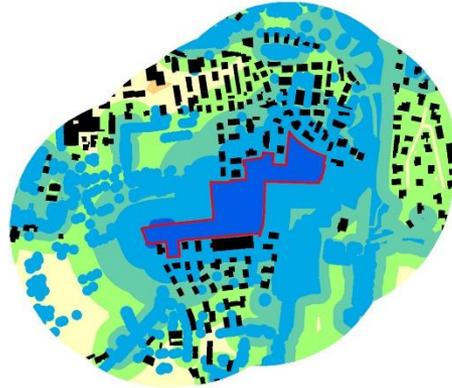
bare soil with scattered trees

homogeneous grassy area
with tree coverage > 80%
(e.g., intensely planted
urban park)

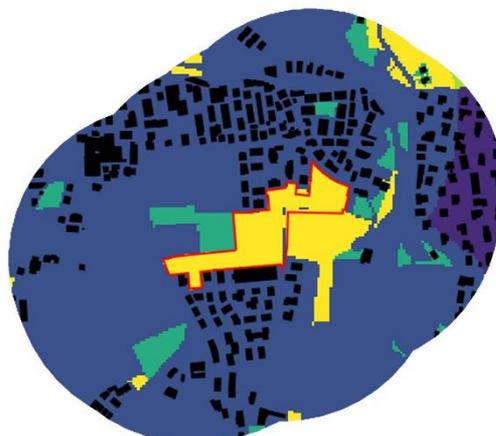
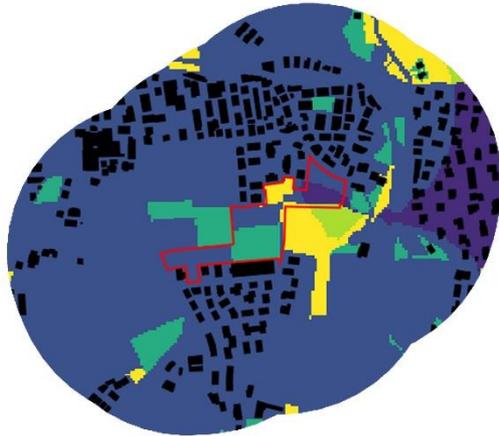
Predicting the effects of different NbS

Effects of redevelopment options

COOLING



RECREATION



bare soil with scattered trees

homogeneous grassy area
with tree coverage > 80%

Disaggregated beneficiaries

Children < 5

Elderly > 65

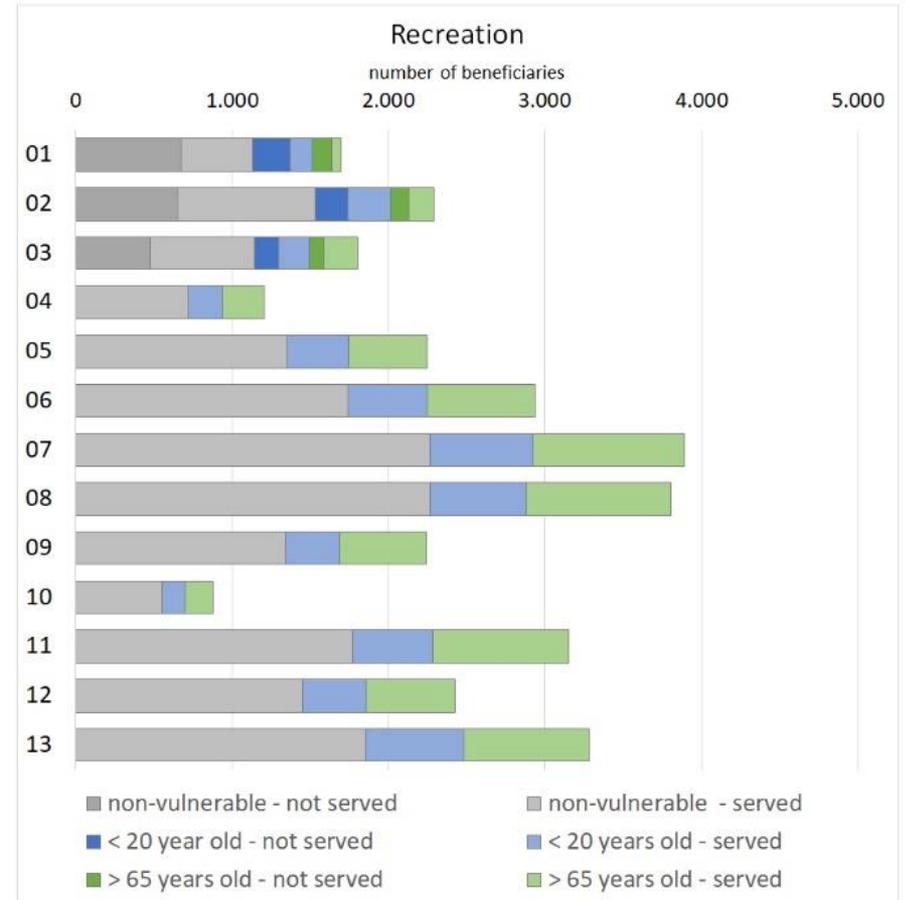
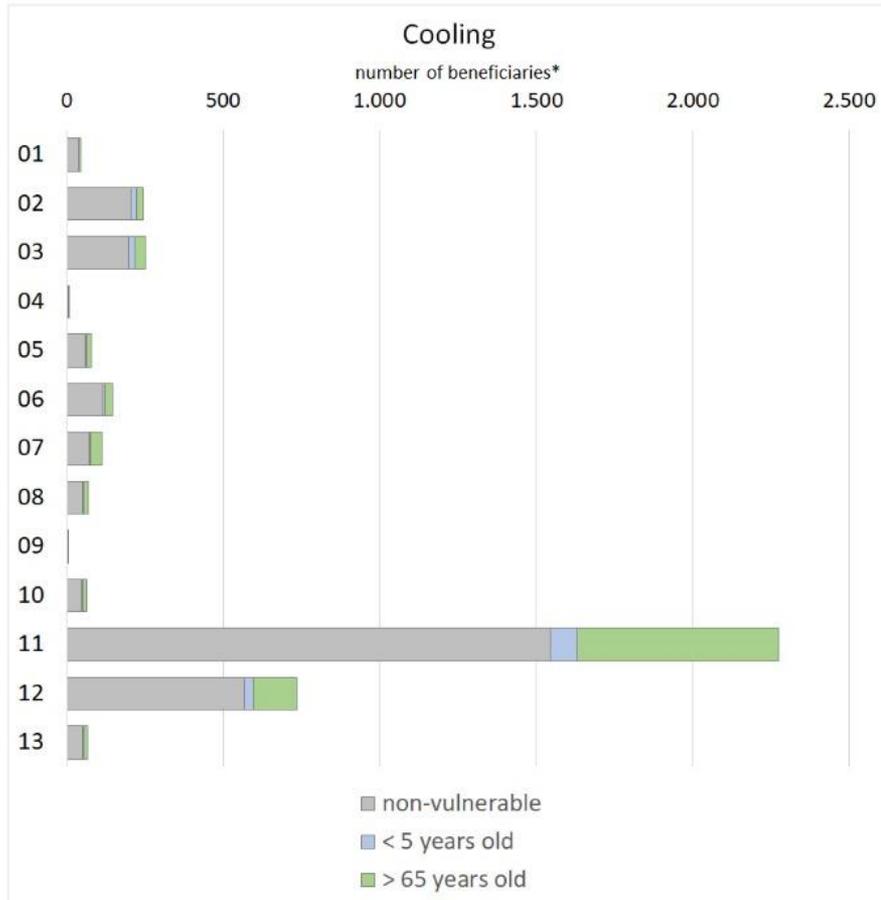
Other beneficiaries

Children + teenagers < 20

Elderly > 65

Other beneficiaries

Impact assessment of NbS

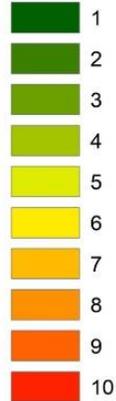


Preferred NbS siting by different perspectives

Re-development sites



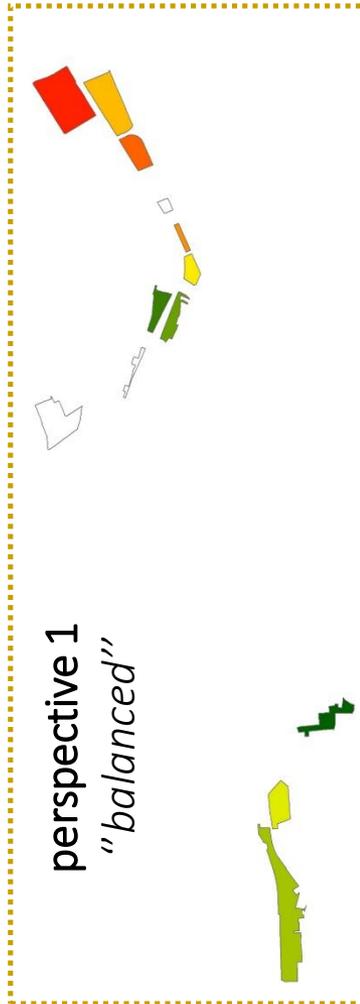
final rank



excluded from MCA

0 250 500 1,000
Meters

perspective 1
"balanced"



Examples of urban planning questions

Where are NbS most needed?

How should NbS be designed to maximise their benefits?

In which area the same “investment” is expected to obtain the biggest gain?

Thank you!

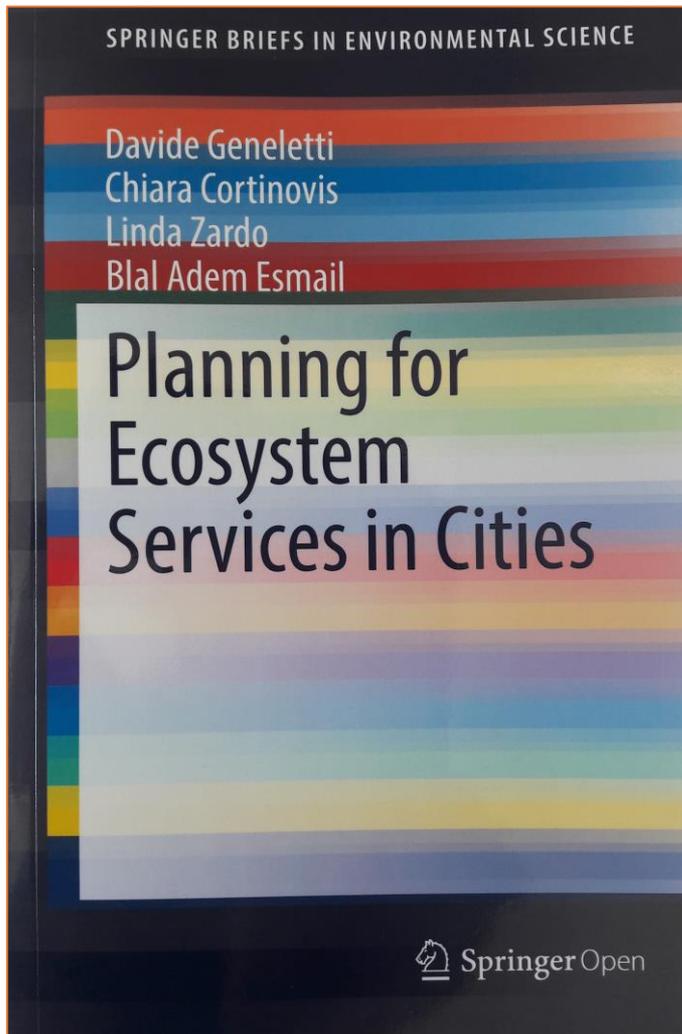


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www.planningfores.com



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